

# Trust in me!

“The Lord is my light and my salvation;  
whom shall I fear?” (Ps 27:1)



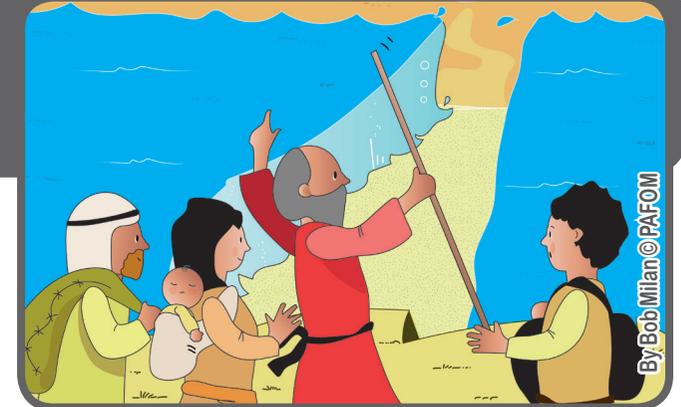
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The Hebrews lived through many difficult moments, like when they had to leave their country and live in a foreign land far away.



During those years that were so sad and full of hardships, they felt that God never left them alone.



He helped them know what to do, he protected them and he always brought them to freedom. We trust God, too. His love for us is like the sun that never sets.



One of my friends had an infectious disease and so all the children in my class had to go to the doctor to get a shot so that we wouldn't get sick.



A lot of the children were angry with my friend because the shot was painful, but I remembered Jesus. He certainly didn't get angry at those who nailed him to the cross where he suffered a lot.



So I didn't get angry with my friend either. I went to get the shot without being afraid of the pain.  
Bernard's experience